



JULY • 2017

Lake Highlander

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-----------------------|--|---|---|-----------------------|---|
| | | | | | | COFFEE HOUR 9:30 1 |
| 2 | Aqua Aerobics 9:00 | Aqua Aerobics 9:00 Golf Cart Parade 12:00 Shuffleboard Contest at 1:30pm Pot Luck 5:00pm Music at Lanai & Pool Games 6:00pm Independence Day | Aqua Aerobics 9:00 | Aqua Aerobics 9:00 | 7 Aqua Aerobics 9:00 | COFFEE HOUR 9:30 8 |
| 9 | Aqua Aerobics 9:00 | Aqua Aerobics 9:00 Bible Study 9-10:00 Bowling 12:00 Bingo 7:00pm | Aqua Aerobics 9:00 Lanai/Pool Hang Out, music and pizza provided at 6:00pm | Aqua Aerobics 9:00 | Aqua Aerobics 9:00 | COFFEE HOUR 9:30 |
| 16 | Aqua Aerobics 9:00 | Aqua Aerobics 9:00 Bible Study 9-10:00 Bowling 12:00 Bingo 7:00pm | Aqua Aerobics 9:00 | Aqua Aerobics 9:00 Pancake Breakfast 8:00-10:00am | Aqua Aerobics 9:00 21 | COFFEE HOUR 9:30 |
| 23 | Aqua Aerobics 9:00 24 | Aqua Aerobics 9:00 Bible Study 9-10:00 Let's Go Fun Bowling at Noon then come back for cheese, dips and crackers at Lanai Bingo 7:00pm | Aqua Aerobics 9:00 26 | Aqua Aerobics 9:00 27 | Aqua Aerobics 9:00 28 | COFFEE HOUR 9:30 |
| 30 | Aqua Aerobics 9:00 31 | | | | | S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 |